WHAT IS CLAIMED IS:

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- 1. An absorbent article comprising:
- a substantially impermeable backsheet;
- a permeable topsheet; and
- an absorbent core disposed between the substantially impermeable backsheet and the permeable topsheet, said absorbent core comprising a superabsorbent polymer having a Gel Integrity Index (GII) of less than about 500 kg mm.
- 2. The absorbent article of claim 1, wherein the superabsorbent polymer is about
- 10% to about 80% by weight of the absorbent core.

 3. The absorbent article of claim 1, where The absorbent article of claim 1, wherein the superabsorbent polymer is about 20% to about 60% by weight of the absorbent core.
- 4. The absorbent article of claim 1, wherein the superabsorbent polymer is about 30% to about 50% by weight of the absorbent core.
- 5. The absorbent article of claim 1, wherein the absorbent core additionally 15 comprises about 50% to about 70% by weight of wettable fibers.
 - 6. The absorbent article of claim 1, wherein the superabsorbent polymer has an AUL value of less than about 25 g/g.
 - 7. The absorbent article of claim 1, wherein the superabsorbent polymer is crosslinked.
- 20 8. The absorbent article of claim 1, wherein the superabsorbent polymer is a polyacrylate.

- 9. The absorbent article of claim 1, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 10 kg mm.
- 10. The absorbent article of claim 1, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 1 kg mm.
- The absorbent article of claim 1, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 0.05 kg mm.
 - 12. The absorbent article of claim 1, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of about 0.10 kg mm to about 0.30 kg mm.
- 13. The absorbent article of claim 1, wherein the absorbent core additionally comprises a surfactant, a filler, an additive or a combination thereof.
 - The absorbent article of claim 13, wherein the additive is selected from the group consisting of a flame retardant, a reinforcing agent, an auxiliary blowing agent, a medicament, a fragrance, a colorant, a cleaner, an abrasive and a combination thereof.
- The absorbent article of claim 1, wherein the absorbent article is a diaper,
 incontinent brief, training pant, diaper holder, diaper liner, sanitary napkin, hygienic garment or combination thereof.
 - 16. An absorbent article comprising:
 - a substantially impermeable backsheet;
 - a permeable topsheet;

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an absorbent core comprising about 30% to about 50% by weight of a superabsorbent polymer and about 50% to about 70% by weight of wettable fibers, said absorbent core being

disposed between the substantially impermeable backsheet and the permeable topsheet, said superabsorbent polymer having a Gel Integrity Index (GII) of less than about 500 kg mm.

- 17. The absorbent article of claim 16, wherein the superabsorbent polymer has an AUL value of less than about 25 g/g.
- 18. The absorbent article of claim 16, wherein the superabsorbent polymer is crosslinked.

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- 19. The absorbent article of claim 16, wherein the superabsorbent polymer is a polyacrylate.
- 20. The absorbent article of claim 16, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 10 kg mm.
- 21. The absorbent article of claim 16, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 1 kg mm.

 22. The absorbent article of claim 16, wherein the superabsorbent polymer has a Gel
 - 22. The absorbent article of claim 16, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 0.05 kg mm.
 - 23. The absorbent article of claim 16, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of about 0.10 kg mm to about 0.30 kg mm.
 - 24. The absorbent article of claim 16, wherein the absorbent core additionally comprises a surfactants, a filler, an additive or a combination thereof.
- 25. The absorbent article of claim 24, wherein the additive is selected from the group consisting of a flame retardant, a reinforcing agent, an auxiliary blowing agent, a medicament, a fragrance, a colorant, a cleaner, an abrasive and a combination thereof.

- 26. The absorbent article of claim 16, wherein the absorbent article is a diaper, incontinent brief, training pant, diaper holder, diaper liner, sanitary napkin, hygienic garment or combination thereof.
 - 27. An absorbent article comprising:
 - a substantially impermeable backsheet;
 - a permeable topsheet;

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an absorbent core comprising about 30% to about 50% by weight of a crosslinked superabsorbent polymer, said absorbent core being disposed between the substantially impermeable backsheet and the permeable topsheet, said crosslinked superabsorbent polymer having a Gel Integrity Index (GII) of about 0.10 kg mm to about 0.30 kg mm and an AUL value of less than about 25 g/g.

28. An absorbent garment comprising:

a substantially impermeable backsheet and a permeable topsheet defining a front waste portion and a rear waste portion, said front waste portion and said rear waste portion cooperating to form a waste opening;

a crotch region formed between the front waste portion and the rear waste portion; a pair of leg openings on opposed sides of the crotch region;

an absorbent core disposed between the substantially impermeable backsheet and the permeable topsheet at the crotch region;

wherein the absorbent core comprises a superabsorbent polymer having a Gel Integrity Index (GII) of less than about 500 kg mm.

29. The absorbent garment of claim 28, wherein the superabsorbent polymer is about 10% to about 80% by weight of the absorbent core.

- 30. The absorbent garment of claim 28, wherein the superabsorbent polymer is about 20% to about 60% by weight of the absorbent core.
- 31. The absorbent garment of claim 28, wherein the superabsorbent polymer is about 30% to about 50% by weight of the absorbent core.
- 5 32. The absorbent garment of claim 28, wherein the absorbent core additionally comprises about 50% to about 70% by weight of wettable fibers.
- AUL value of less than about 25 g/g.

 34. The absorbent garment of claim 28, wherein the superabsorbent polymer has an
- The absorbent garment of claim 28, wherein the superabsorbent polymer is 10 m crosslinked.
 - A Series of the 35. The absorbent garment of claim 28, wherein the superabsorbent polymer is a polyacrylate.
 36.
 - The absorbent garment of claim 28, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 10 kg mm.
 - 37. The absorbent garment of claim 28, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 1 kg mm.

- 38. The absorbent garment of claim 28, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 0.05 kg mm.
- 39. The absorbent garment of claim 28, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of about 0.10 kg mm to about 0.30 kg mm. 20

- 40. The absorbent garment of claim 28, wherein the absorbent core additionally comprises a surfactant, a filler, an additive or a combination thereof.
- 41. The absorbent garment of claim 40, wherein the additive is selected from the group consisting of a flame retardant, a reinforcing agent, an auxiliary blowing agent, a medicament, a fragrance, a colorant, a cleaner, an abrasive and a combination thereof.

42. A composition comprising:

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about 10% to about 80% by weight of a superabsorbent polymer, said superabsorbent polymer having a Gel Integrity Index (GII) of less than about 500 kg mm; and

about 20% to about 90% by weight of wettable fibers.

- 43. The composition of claim 42, wherein the superabsorbent polymer is about 20% to about 60% by weight of the composition.
- 44. The composition of claim 42, wherein the superabsorbent polymer is about 30% to about 50% by weight of the composition.
- 45. The composition of claim 42, wherein the superabsorbent polymer has an AUL 15 value of less than about 25 g/g.
 - 46. The composition of claim 42, wherein the superabsorbent polymer is crosslinked.
 - 47. The composition of claim 42, wherein the superabsorbent polymer is a polyacrylate.
- 48. The composition of claim 42, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 10 kg mm. 20

- 49. The composition of claim 42, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 1 kg mm.
- 50. The composition of claim 42, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 0.05 kg mm.
- 51. 5 The composition of claim 42, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of about 0.10 kg mm to about 0.30 kg mm.
 - 52. A composition prepared by a process comprising:

combining about 10% to about 80% by weight of a superabsorbent polymer having a Gel Integrity Index (GII) of less than about 500 kg mm with about 20% to about 90% by weight of 10 wettable fibers.

- 53. The composition of claim 52, wherein the superabsorbent polymer is about 20% to about 60% by weight of the composition.
- the draft state draw out in the gril state of the control of the c 54. The composition of claim 52, wherein the superabsorbent polymer is about 30% to about 50% by weight of the composition.
 - 55. The composition of claim 52, wherein the superabsorbent polymer has an AUL value of less than about 25 g/g.
 - 56. The composition of claim 52, wherein the superabsorbent polymer is crosslinked.
 - 57. The composition of claim 52, wherein the superabsorbent polymer is a polyacrylate.

- 58. The composition of claim 52, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 10 kg mm.
- 59. The composition of claim 52, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 1 kg mm.
- 60. The composition of claim 52, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 0.05 kg mm.

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- 61. The composition of claim 52, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of about 0.10 kg mm to about 0.30 kg mm.
- 62. A method of preparing a composition for use in absorbent articles comprising: combining wettable fibers with a superabsorbent polymer having a Gel Integrity Index of ess than about 500 kg mm;

less than about 500 kg mm;

wherein the wettable fibers comprise about 20% to about 90% by weight of the composition and the superabsorbent polymer comprises about 10% to about 80% by weight of the composition.

- 63. The method of claim 62, wherein the superabsorbent polymer is about 20% to about 60% by weight of the composition.
- 64. The method of claim 62, wherein the superabsorbent polymer is about 30% to about 50% by weight of the composition.
- 65. The method of claim 62, wherein the wettable fibers comprises about 50% to about 70% by weight of the composition.

- 66. The method of claim 62, wherein the superabsorbent polymer has an AUL value of less than about 25 g/g.
- 67. The method of claim 62, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 10 kg mm.
- 68. 5 The method of claim 62, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 1 kg mm.
 - 69. The method of claim 62, wherein the superabsorbent polymer has a Gel Integrity The stand three th Index (GII) of less than about 0.05 kg mm.
 - 70. The method of claim 62, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of about 0.10 kg mm to about 0.30 kg mm.
 - 71. A method of preparing an absorbent article comprising: combining a superabsorbent polymer having a Gel Integrity Index of less than about 500 kg mm with wettable fibers to form an absorbent core and disposing the absorbent core between a substantially impermeable backsheet and a permeable topsheet.
- 15 72. The method of claim 71, wherein the superabsorbent polymer is about 10% to about 80% by weight of the absorbent core.
 - 73. The method of claim 71, wherein the superabsorbent polymer is about 20% to about 60% by weight of the composition.
- 74. The method of claim 71, wherein the superabsorbent polymer is about 30% to about 50% by weight of the composition. 20

- The method of claim 71, wherein the wettable fibers comprise about 20% to about 75. 90% of the composition.
- The method of claim 71, wherein the wettable fibers comprise about 50% to about 76. 70% by weight of the composition.
- The method of claim 71, wherein the superabsorbent polymer has an AUL value 5 77. of less than about 25 g/g.
 - The method of claim 71, wherein the superabsorbent polymer has a Gel Integrity 78. Index (GII) of less than about 10 kg mm.
- 79. The method of cannot lindex (GII) of less than about 1 kg mm.

 80. The method of claim 71.

 (GII) of less than about 0.05 kg in the method of claim 71. The method of claim 71, wherein the superabsorbent polymer has a Gel Integrity
 - The method of claim 71, wherein the superabsorbent polymer has a Gel Integrity Index (GII) of less than about 0.05 kg mm.
 - The Man draw that the state of The method of claim 71, wherein the superabsorbent polymer has a Gel Integrity 81. Index (GII) of about 0.10 kg mm to about 0.30 kg mm.